

SANT NIRANKARI PUBLIC SCHOOL

AVTAR ENCLAVE PASCHIM VIHAR NEW DELHI



Inspira



Month: July to September 2024

Email ID: snpsaz@snps.edu.in

Website: snps.edu.in

~~ Essence ~~

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Introduction

'A person who never made a mistake never tried anything new'

Albert Einstein

Mistakes, undoubtedly are the proof that we are trying to do something new and the ones who never commit a mistake are either genius or the non-doers. We, at SNPS, try to make our students acquire the habit of working hard by doing things on their own practically. This leads to trial and error method. They love to reach the solutions on their own and the knowledge gained through such experience is definitely, a life long one. The students must know that there is no shortcut for success.

The first term after the summer break was full of such experiences. This is, infact the most hectic part of the academic session. The Holidays Homework Submission, Internal Assessments, Syllabus Completion, Zonal competitions, Festivals, Celebrations & Mid-Term Exams and their result declaration. The school remains a place of action throughout, from morning to evening, buzzing with the activities and diligence of the students and teachers as well.

Amidst all this, we are here with our Fresh and Crisp edition of INSPERIA! Browse and enjoy!!

Happy reading!!!

BACK to SCHOOL

SPECIAL ASSEMBLY

"New year, new goals, and new dreams to achieve! Welcome back, scholars!"

The students were welcomed on the very first day of the school after the summer break on 3rd July, 2024. The morning assembly was indeed a special one in which the students were made aware about the forthcoming events of the school like Mid Term Exams schedule, Zonal competitions and other activities and celebrations. The teachers grabbed the opportunity to give them moral teaching & motivating them to show their best performance in the near future. The students felt good, welcomed and a sense of belonging inspired them to improve. They became excited and motivated for the new term.



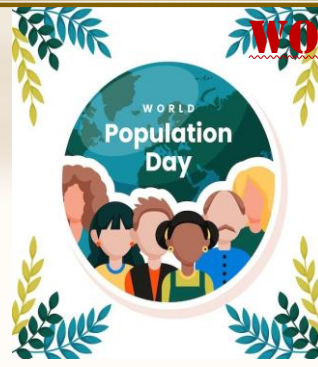
VANAMAHOTSAV

"A tree today..... a forest tomorrow"

Vanamahotsav is an annual one-week tree-planting festival celebrated from July 1st to 7th. It is a great traditional Indian festival that reflects Indian culture to honour and love mother earth by planting trees and promoting the concept of Reduce, Reuse & Recycle. The school celebrated this Green Festival with a fresh spirit this year. There were following activities like: -

- ✓ Class P.S. to II- Bring a sapling.
- ✓ Class III to V- Create a tree using tearing & pasting on A4 size sheet.
- ✓ Class VI to VIII- Make a crown, sachet or badge for Vanamahotsav.
- ✓ Class IX to XII- Slogan writing on 'Green Delhi'.





WORLD POPULATION DAY

'Our population has limits'
World Population Day is observed on July 11 every year. It seeks to raise awareness of global population issues like family planning, gender equality, poverty, maternal health and human rights.

Our school also celebrated this day on July 11th. The students delivered speeches during the morning assembly, made posters on the topic and the house boards were decorated painstakingly with their thoughtful creations.

All the activities were aimed to raise the awareness on the topic.



Shiksha Saptah

Celebrating Education Week (July 22 - July 28, 2024)

7 days for realizing the vision of NEP 2020



EDUCATION WEEK

Department of School Education and Literacy organised 'Shiksha Saptah' (Education week) from July 22nd to July 28th, a week long extravaganza for realising the vision of NEP2020.

The school performed various activities during this week like:

- ✓ Teaching and Learning Material day (TLM)
- ✓ Foundational Literacy and Numeracy day (FLN)
- ✓ Sports day
- ✓ Cultural day
- ✓ Skilling and Digital Initiative day
- ✓ Eco club for mission life/ school nutrition day
- ✓ Community involvement day

These programmes and initiatives encouraged students to think critically and solve problems logically. The students of our school participated in them actively and enjoyed doing all the projects collaboratively and with ease.

STUDENT COUNCIL VOTING

The student must be taught about the process of free and fair elections in a democratic country. This is why the voting for the Student Council was conducted and the students participated in it enthusiastically.

The first phase involved classroom voting for prefects who in turn elected the Captains and Vice Captains of each house.

And finally, they selected the Head Boy and Head Girl. There were a series of group discussions, viva and campaigning before the final selection of the Head Boy and Head Girl.

The house incharges organised and conducted all the above activities while maintaining the elections fairly and keeping the same confidential till the Investiture Ceremony day.



EK BHARAT SHRESTH BHARAT

To promote the Unity in Diversity of our nation, our school organized an event under the 'Ek Bharat Shresth Bharat' Initiative. This event was a vibrant celebration India's rich cultural heritage, fostering the sense of National Integration & Patriotism among the students.

There were series of activities designed to highlight the cultural and linguistic diversity of India. Students participated in them with great enthusiasm, showcasing their understanding and appreciation of traditions of different states, their languages, art forms, dresses and cuisines.



CLASS EXPO

An exhibition of the students' creativity was organised in the school on 27 July, 2024, showing their exhibits and creativities. This Expo was organised on the PTM day so that the parents could witness their ward's creative and academic endeavours.

The craft work, projects and models reflected the students' hardwork and creative side and the parents took pride in watching it. The events like this are a testament to the proactive and innovative spirit of the school.





ZONAL PRIZE DISTRIBUTION

The Zonal Prize Distribution Ceremony was a momentous occasion for all the achievers of last year's Zonal competitions. It was held on 29th July. It was a moment of pride to receive a bag full of medals & trophies from the Zonal officials and teachers. The students who accompanied the sports teachers of our school there were enthusiastic and full of pride at the Felicitation Ceremony.

HINDI POEM RECITATION

'Poetry is when an emotion has found its thought and the thought has found words'

With the aim to generate love for the mother tongue as well to create budding poets around us, the school organized a Hindi Rhyme Recitation Competition in the school on July 24th. The participants were dressed up according to the characters in the poetry. They were judged by the teachers on the basis of their dress, intonation, confidence, topics & props used by them.

All the participants presented themselves beautifully. Their topics and presentation were remarkable. The winners were given prizes by the Principal, Ms. Tanuja Madaan. She appreciated the winners for their expressions and confidence.



INVESTITURE CEREMONY

'Leaders aren't born, they are made through hard work!'

The Investiture Ceremony for this academic year was held on 1st August, 2024. This event marked the formal induction of the newly elected Student Council. The students casted their vote in a democratic manner and followed a thorough voting process.

The Principal, Ms. Tanuja Madaan, decorated the council members with the badges. The Head Boy, Head Girl, House Captains, Vice-Captains and Prefects took pledge to acknowledge and perform their responsibilities and duties.

The event was a significant step in fostering leadership and responsibility among students.



INDEPENDENCE DAY CELEBRATION

*Freedom in mind
Faith in the words
Pride in our souls*

Let's salute the nation on Independence Day!

The Independence Day was celebrated on 14 August 2024 in the school. Like every year, the school students presented a beautiful cultural programme to commemorate this special day and remembered all those leaders who made it possible for all of us to enjoy freedom. The school was tastefully decorated with tri coloured fabrics, flags and other things which students prepared for this day, in an activity held on 3rd August, 2024.

The chief guest of the programme was the chairperson, Ms. Gurmeet Kaur ji. The ceremony began with the hoisting of National Flag by the Chairperson Ma'am, members of Management Committee, Principal Ms. Tanuja Madaan and an alumni.

The students gave a lovely dance performance, sang a patriotic poem, a medley of songs, a yoga show and a speech. It was followed by the blessings of Chairperson Ma'am and in the end the vote of thanks was presented by the Principal. The programme ended with the National Anthem and singing of 'Saare Jahan Se Achcha' by everyone.



NASHA MUKT BHARAT ABHIYAN

'If you can quit for a day, you can quit for a longtime.'

A special drive was started under the name 'Nasha Mukh Bharat Abhiyan'. It was observed by our school on 12 August. The aim behind this is to spread awareness among students regarding making the country drugs free. A special assembly was conducted in which the students of senior classes took pledge to stand against substance abuse.

A seminar was also conducted focusing on the harmful effects of drugs and preventing measures, as well as encouraging students to stay drug free and build a healthier society.



RAKSHA BANDHAN

'Rakhi is the thread that binds two souls in a bond of joy forever'

Raksha Bandhan is a popular & traditional Hindu festival celebrated worldwide to honour the bond of love and affection between brothers and sisters. It is also a symbol of unity & brotherhood among all communities in India. Our school students celebrated Raksha Bandhan with much love and cheer on 17 August. The students of class III-V participated in making Rakhis, tying them on brothers' wrist and exchanging sweets and cards with each other. The activity was enjoyed both by girls as well as boys. The bond of love, care and joy was strengthened due to this celebration. Their creative side was also enhanced at the same time when they tried to make more beautiful rakhis than others.



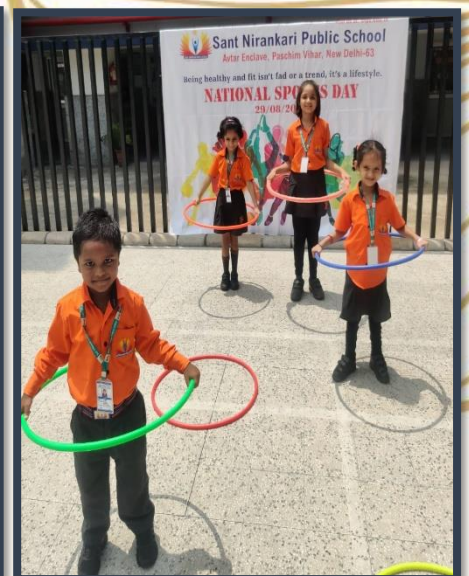


NATIONAL SPORTS DAY

'Champions keep playing until they get it right'

National Sports Day is celebrated on 29th August to honour the birth anniversary of Major Dhyan Chand, the legendary field hockey player. This day aims to promote sports participation among the youth of India and to emphasize the importance of sports and physical activities.

Our school organized Fun Races for the primary wing of the school on August 29th. The students of class VI -XII played an Inter House Volley Ball match. Pragati House emerged victorious, while Prakash and Preet House followed in second and third positions respectively. The students enjoyed the sports and this fostered a sportsman spirit in all the players. The Principal, Ms. Tanuja Madaan declared the opening of the volleyball match with the toss session and encouraged the students to play sports with the true sportsman spirit.



JANAMASHTAMI

'When we keep Krishna first, everything else falls into place'

Krishna Janmashtami is an annual Hindu festival that celebrates the birth of Krishna, the eighth avtar of Vishnu. Krishna has been identified as supreme god. Our school celebrated this festival with much enthusiasm and devotion. They decorated flutes, made beautiful jewellery of Radha Krishna showcasing their artistic talents. The celebration of this festival in the junior wing was in the form of Rasleela where tiny tots were dressed up like Lord Krishna and Radha. The celebration of the day brought joy & sacred devotion to one and all.



SWACHHATA PAKHWADA

Swachhata Pakhwada is an initiative by Indian Govt. to promote cleanliness and sanitation across various sectors of the society. Launched under Swachh Bharat Mission, this fortnight long campaign is observed by different ministries, departments and organization throughout the country to emphasize importance of cleanliness.

Our school also organized various activities under Swachhata Pakhwada, promoting cleanliness from 1 Sept. to 15 Sept. A few of them participated in a Handwashing Session to emphasize Health & Hygiene. The House Display Boards were also decorated with the messages like 'Say No to Plastic' and Encourage Eco-Friendly practices.





INTERNATIONAL LITERACY DAY

'Literacy is the bridge from misery to hope'

International Literacy Day is an international observance, celebrated each year on 8th September. Its aim is to highlight the importance of literacy to individuals, communities and societies. Our school celebrated International Literacy Day with a series of engaging activities. The students delivered speeches in various languages highlighting the importance of literacy in fostering communication and cultural diversity. The display boards were creatively designed, reflecting the significance of education and knowledge in everyone's lives.



WORLD OZONE DAY

'The Ozone layer is not a global responsibility but a gift we give to future generations'

World Ozone Day is celebrated on 16th September as designed by UN General Assembly to spread awareness among the people about the depletion of ozone layer and to find possible solutions to preserve it. On this day, people from all over the world hold talks and seminars on the Ozone layer.

This year its theme is Ozone for life: 35 years of Global Cooperation. This theme highlights the collective efforts and commitment of nations of the world over the past 35 years to protect the Ozone layer.

The science Department of our school organised a short talking session depicting the issue in order to raise awareness among the students regarding the same. The students of class IX -XII participated in it enthusiastically.



MOCK DRILL

According to experts, Delhi's geographical location makes it prone to frequent earthquakes and tremors. So, to keep the students and staff abreast with the knowledge of how to behave during such Natural Disasters, our school conducted an earthquake mock drill on 8th August 2024. A siren blared at 11:00 Am. The students of all the classes tried to protect themselves by hiding under their desks and some teachers stood under the door frames. Most of the students crouched at the corners of the wall. This was an earthquake drill when everyone seemed to know what they were doing. They gathered in the playground. This kind of exercise is a way to spread awareness among the students and the staff members on how to save themselves during any natural calamities. This session of mock drill can be beneficial during emergencies.



संस्कृत दिवस

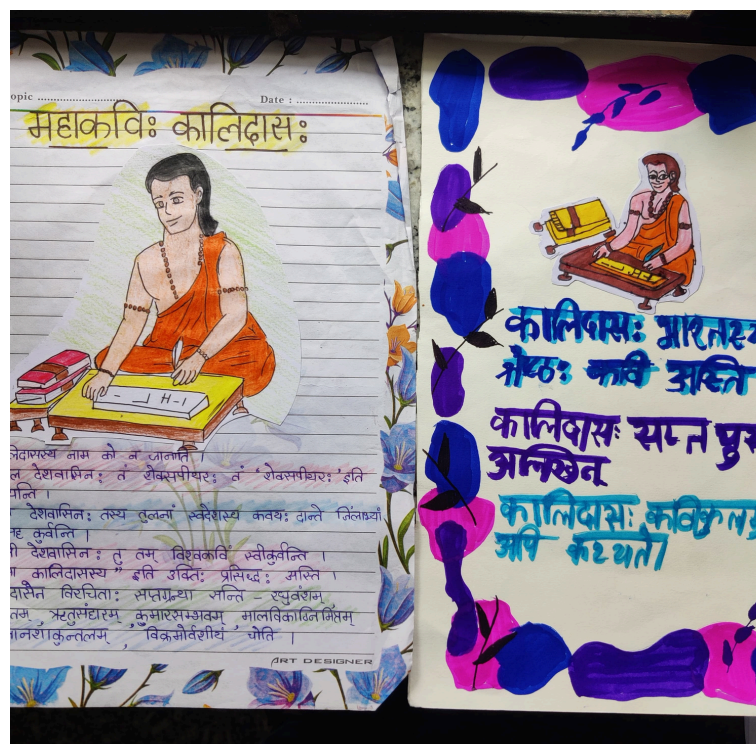
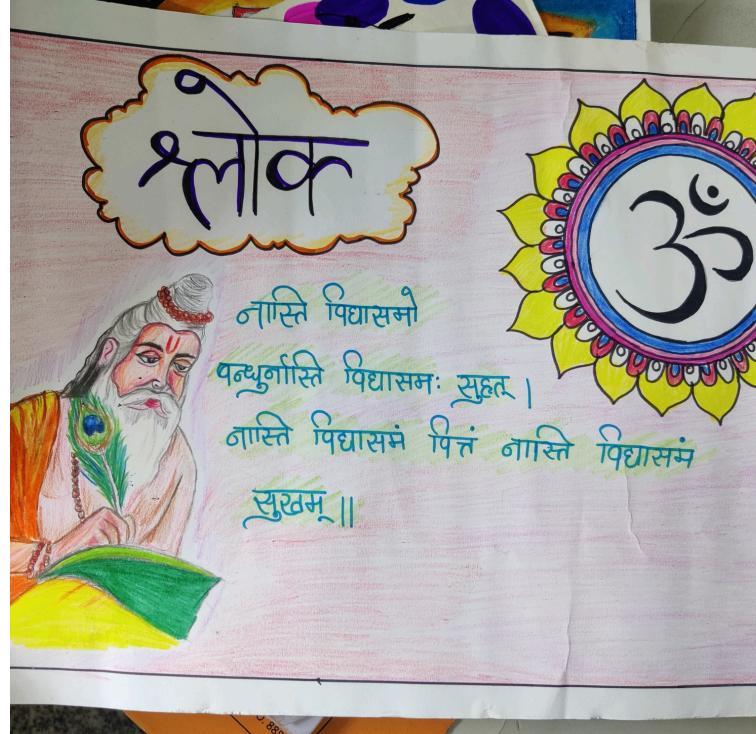
शुभ संस्कृत दिवस
वन्दे संस्कृतम्

'भाषासु मुख्या मधुरा दिव्या गीर्वाण भारती'

सभी भाषाओं में सबसे मुख्य और दिव्य भाषा संस्कृत है। संस्कृत भाषा सबसे प्राचीन एवं सभी भाषाओं की जननी है। माँ संस्कृत के प्रति अपना स्नेह व आभार व्यक्त करने के लिए हर वर्ष हमारे भारत में संस्कृत सप्ताह मनाया जाता है। विद्यालयों में छात्रों की संस्कृत भाषा के प्रति रुचि बढ़ाने एवं भारतीय संस्कृति को समझाने के लिए विद्यालयों में कई प्रकार के आयोजन किए जाते हैं। हमारे विद्यालय में भी 28 अगस्त को संस्कृत सप्ताह के अंतर्गत कई गतिविधियों का आयोजन किया गया जिनमें कक्षा आठवीं से कक्षा दसवीं तक के छात्रों ने उत्साहपूर्वक भाग लिया। श्लोक गायन में छात्रों ने संस्कृत में श्लोक गाकर सबको मंत्रमुग्ध कर दिया। कुछ छात्रों ने चित्र सहित श्लोक लेखन एवं भाषण प्रतियोगिता में भी भाग लिया। छात्रों को प्रमाण-पत्र देकर प्रोत्साहित किया गया। सत्य ही है-

*सरस सुबोधा विधमनोज्ञा ललिता हृदया रमणीया।
अमृत वाणी संस्कृत भाषा नैव विलिप्ता न च कठिना* ।





TEACHERS DAY

'It's the teacher that makes the difference, not the classroom'

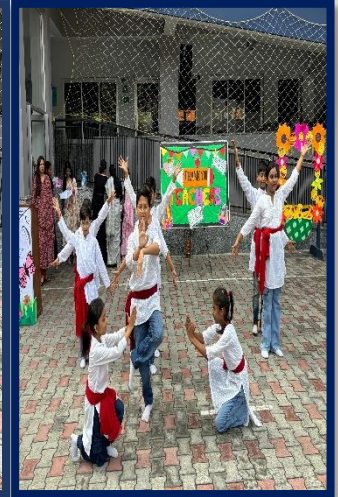
Teachers' day is celebrated every year on 5th September to mark the Birth Anniversary of Dr. S. Radhakrishnan, our former President. This year it was no different as the day started with celebrating spirit, joy and cheer from the morning itself. The special Morning Assembly started with the heartfelt Guru Vandana, paying tribute to the teachers. This followed by lively and energetic dance performance by students which added icing to the cake. Senior students expressed their gratitude to their role models by making personalized cards for the teachers. After this the teachers of the day went to their classes and enjoyed teaching students of junior classes. It was a half day working for the students. The thoughtful arrangement and disciplined school left the teachers spellbound. They appreciated the efforts by the senior class students and enjoyed the day.

VEER GATHA PROJECT 4.0

Project Veer Gatha was instituted under Gallantry Awards Portal in 2021 with the aim to disseminate the details of acts of bravery of the Gallantry Awardees and the life stories of these brave hearts among the students so as to raise the spirit of patriotism and instill amongst them values of civic consciousness. The school conducted the Project Veer Gatha Competition on 21.09.24 initiated in collaboration with the Ministry of Education and the Ministry of Defence. The event aimed to instill patriotic values and honour gallantry award winners. The students of class III-X participated in the following categories:

- Class III-V - Poetry Competition
- Class VI-VIII - Painting Competition
- Class IX-XII- Essay Writing Competition

Through this medium the students got the opportunity to showcase their creativity, respect for the national heroes & understanding of values. The competition fostered a sense of responsibility & patriotism among all the participants.



ZONALS ACHIEVEMENTS

The students of the school participated in Zonal Activities and came out with flying colours. The zonal achievements of this year are as follows:

I. Sports

S.No	Events	Category	Position
1.	Throwball	Junior Boys	III
2.	High Jump	Senior Boys	II
3.	Handball	Senior Boys	III
4.	Handball	Senior Girls	III
5.	Handball	Junior Boys	III
6.	Handball	Junior Girls	III
7.	Throwball	Primary Boys (Category - 1 st to 3 rd)	I
8.	Throwball	Primary Girls (Category - 1 st to 3 rd)	II
9.	Throwball	Primary Boys (Category - 4 th to 5 th)	II

II. Cultural

S.No	Events	Name	Category	Position
1	Extempore (Hindi)	Aryan Daniel	Junior Boys	II
2	Essay Writing (Hindi)	Pushkal	Junior Boys	III
3	Poetry Recitation (Hindi)	Ishika	Junior Girls	III
4	Poetry Recitation (English)	Ridhima	Junior Girls	II
5	Declamation (English)	Yogita	Senior Girls	III
6	Essay Writing (English)	Aman	Junior Boys	II
7	Slogan Writing (English)	Reehan	Senior Boys	III
8	Monoacting	Mannat	Senior Girls	II



✦ WORKSHOP

WORKSHOP ON MINDFUL LIVING

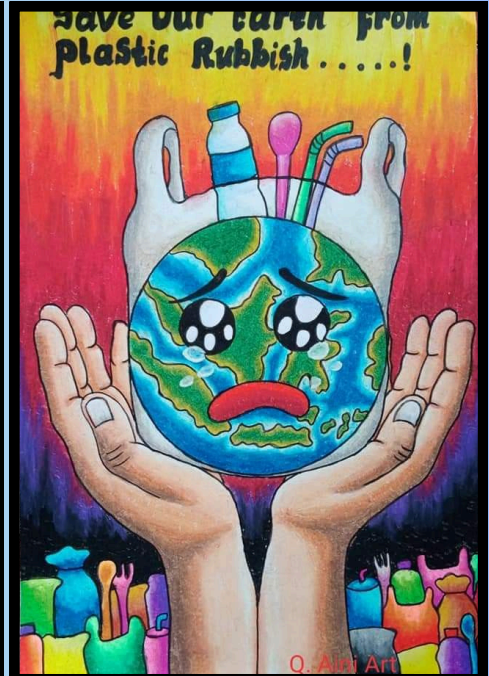


'WHAT YOU THINK YOU SHOULD BECOME, WHAT YOU FEEL YOU ATTRACT, WHAT YOU IMAGINE YOU CREATE'

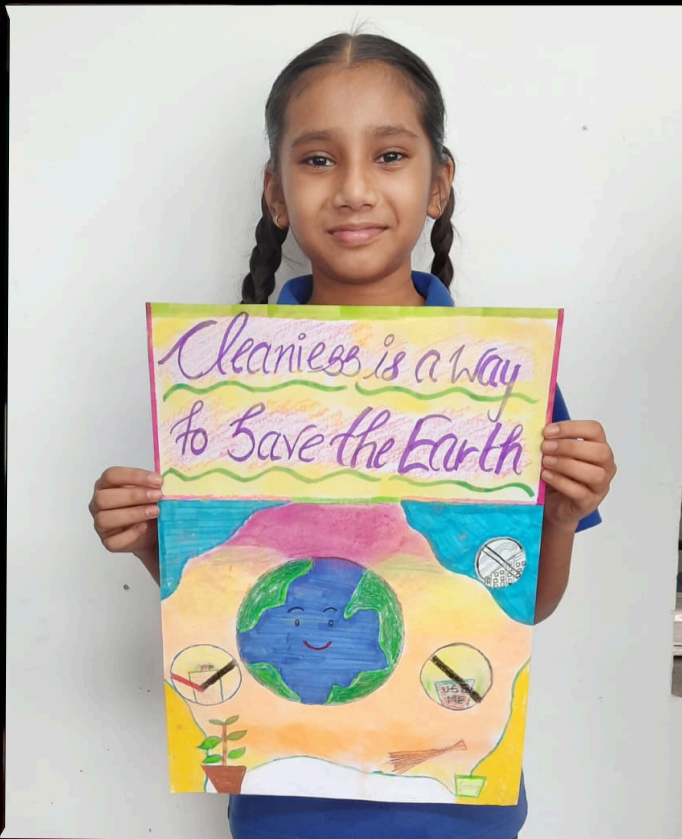
The modern lifestyle has made human beings like mechanical devices. The busy schedules at home as well as workplace has actually turned us into robots. Keeping this in mind, our school organized a workshop on 'Mindful Living' for the staff members on 1st July 2024. The resource person Ms. Aakriti Gupta from Department of Mental Health & Behavioral Sciences by Fortis Health Care started the workshop with a question for all and that was to explain their routine of a normal day. This started the conversation that we do not live in present with our full consciousness. The diverse duties and responsibilities force us to do multitasking which again doesn't let us to do anything with perfection. There are cases of anxiety and depression very common these days because of the above reason. Then she discussed the ways to overcome this problem. We can pause, become aware of ourselves, appreciate, become non-judgmental, practice compassion, declutter, start responding instead of reacting, do digital detoxification, adopt yoga and meditation in our daily routine, start living in the present or indulge in our favourite pastime. These activities can surely help us to adopt mindful living. With this thought, the workshop ended. Every one found this an enriching experience.



ART GALORE



RISING



ARTISTS