

SANT NIRANKARI PUBLIC SCHOOL

AVTAR ENCLAVE PASCHIM VIHAR NEW DELHI

Inspira

Month: April to June 2023

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INTRODUCTION

*The beautiful thing about learning is
that no one can take it away from you.*

Acquiring knowledge is always beneficial for any one because it can never be stolen, burnt, destroyed or faded even after years. It always reaps profits. In fact, education is the only thing in the whole world that increases as much as it is shared.

Never stop learning, because life never stops teaching.

So, one should never shy away from learning, be it at any time of the day or at any phase of life. The new session started in April with the same spirit of learning in a new manner. We all evolve with time and keep on learning from our past mistakes. The same thing happened and the learning process started with the beginning of the new session, with much enthusiasm and positivity. The new timetable, syllabus, activities, competitions again became part of our lives and once again we found all these quite interesting. Gradually, the summer break crawled in and the school building started waiting for the kids to come back. And, here we are with yet another edition of Insperia with the sweet & sour incidents of this roller coaster ride.

Happy Reading!

WORLD HEALTH DAY

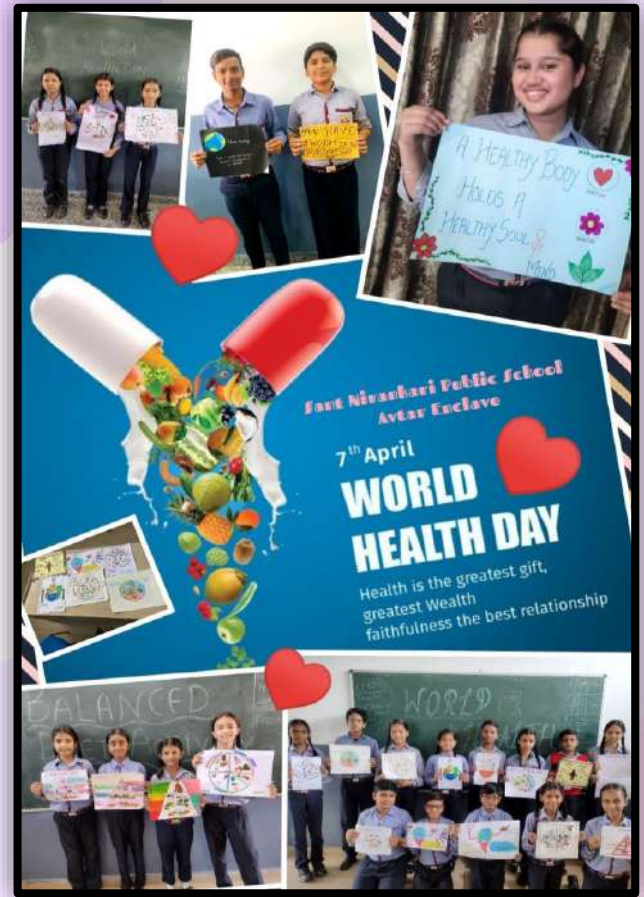
*Health is the greatest gift,
Contentment, the greatest wealth,
Faithfulness, the best relationship.*

--- **Buddha**

World Health Day is observed every year on 7 April to mark the anniversary of the foundation day of WHO in 1948. The World Health Organisation was founded with the principle that all people should be able to realise their rights to the highest possible level of health.

The theme of this year's World Health Day is 'Health for All'. With the same spirit of ensuring that all the people have access to healthcare facilities we, at SNPS, performed a lot of activities with the school students like:

- 1) Yoga session - Class I & II
- 2) PT exercises - Class III - V
- 3) Making a balanced diet chart - VI - VIII
- 4) Slogan writing on Health & Wellness - Class IX & X



BAISAKHI

Baisakhi, the harvest festival is celebrated with great joy every year. This day marks the celebration of the spring harvest and also the formation of the Khalsa, the Sikh community in 1699 by Guru Gobind Singh Ji. So, to celebrate this day in our school, on 14th April, the Nursery Wing was tastefully decorated and the tiny tots came all dressed up in traditional dresses of Punjab. There was a cultural programme. The students made lovely corns by their thumb impressions. A few of them made colourful dhols, kites and sweets in their art files. They clicked selfies and beautiful collages were made.



ACHIEVEMENTS IN SPORTS



SPORTS FESTIVAL

MP sports was organized for social justice in the memory of Dr. B.R Ambedkar from April 14, 2023 to April 20, 2023 in various Government Schools. The students of our school participated in it and got many prizes.

VOLLEYBALL TOURNAMENT

The DDA sports complex, Paschim Vihar, organized an open tournament of Volleyball for Under 18. The girls and boys team of our school participated in it. The girls team bagged III prize, a trophy, medals and certificates respectively. It was a proud moment for the school.



EARTH DAY

There are no passengers on spaceship earth.

We all are crew

Earth Day is an annual event celebrated on April 22 to demonstrate support for environment protection. It now includes a wide range of events coordinated globally by more than a billion people who wish to protect the planet earth from monsters of global warming, pollution & deforestation. In order to sensitize the students on this issue we conducted the following activities on April 22, 2023.

Class Activity

III – V

Make paper bags using newspapers

VI – VIII

Show Your creative side with craft work (related to Earth Day)

IX – X

Slogan writing on Earth Day



MANAV EKTA DIWAS

"Blood should flow in veins, not in drains"

-Baba Hardev Singh Ji

Manav Ekta Diwas is observed every year on April 24. This day is the anniversary of the sacrifice by Baba Gurubachan Singh Ji for the entire humanity. On this day blood donation camps and community clean projects are organised all over the world.

We also organised a Special Assembly on this day. The students of different classes participated in this event with devotion and sincerity. They sang missionary songs and presented a skit based on the sacrifice. The valuable thoughts of Babaji and Satguru Mataji were shared and speech was also delivered.

The students & teachers showed their devotion for Baba Gurubachan Singh Ji Maharaj for his dedication to the mankind.



INVESTITURE CEREMONY

The investiture ceremony for the Academic Year (2023-24) was held in the school premises on April 25, 2023. It was a mega event presided over by Ms. Tanuja Madaan, the HOS. This event is a testimony of the faith & confidence the school has invested in the newly selected team. The worthy students were selected for Head Boy, Head Girl, House Captains, Vice Captains and Prefects.

The Principal ma'am congratulated them and motivated them to be the guiding light for the others to follow. The selected students took oath to behave wisely & responsibly. The programme concluded with a group photograph, unforgettable smiles and genuine promises.



LABOUR DAY

Genius begins great works. Labour alone finishes them.

Labour Day or May Day is celebrated around the world to raise awareness of the rights of the working people and to protect them from exploitation. We also celebrated this day on May 1, 2023 with great enthusiasm. The students prepared 'Thank you Cards' and did Slogan Writing for the people who help us in our school.

We had a Special Morning Assembly where the special members of our school, our helpers, were honoured. The students showed their respect towards them through a small skit and a lovely song.

It was a proud moment for one and all. The students took pride to thank these special people in our lives who work all the year round for making us feel better.



WORLD LAUGHTER DAY

Laughter: The best therapy for a healthy life.

World Laughter Day is celebrated every year on the first Sunday of the month of May to remind everyone the significance of being happy. The school also took this initiative to spread happiness and laughter. The junior wing of the school celebrated this day by telling funny stories, doing laughter yoga and making funny masks. The kids were enthusiastic to participate in these activities and spread cheer all around.

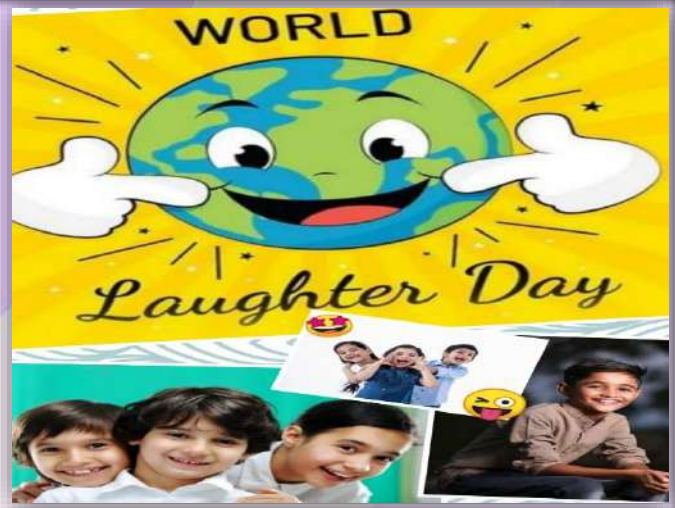
MOTHERS DAY

Mothers hold their children's hand for a while...their hearts forever

Mother's Day is a special day celebrated around the world to honour the mothers and show love & gratitude to the warmth shown by the mothers worldwide. This day is observed on the second Sunday in the month of May.

The students of our school did a lot of activities on May 11, like making of Mother's Day card and blooming bouquets. The children surprised their mothers by the lovely cards they made.

The mothers of Nursery Wing students were invited on the occasion. They played games, danced with their kids and even gave performance along with them. The winning mothers bagged lovely prizes. It was a memorable day for the mothers as well children.





SAMARPAN DIWAS

He was, he is, and will continue to be.....

Love personified.

Samarpan Diwas is observed in the memory of Baba Hardev Singh Ji, who dedicated his life to the humanity. As a humble tribute to His Holiness, our school organised a devotional programme on May 12 which was graced by the chairperson ma'am Ms. Gurmeet kaur Ji who guided the students to imbibe the key to blissful life for the betterment of society and mankind. The manager ma'am, Ms. Narinder Batra Ji remembered the qualities and ideals of Baba Ji. The LMC members Dr. Rajni Ji, Mr. Sandeep Malhotra Ji, Ms. Arun Bhamri and Mr. Sunil Chadha Ji were also present.

The students participated in activities like Speech, Singing Devotional Songs, Collage Making, Slogan Writing etc on May 12, 2023.

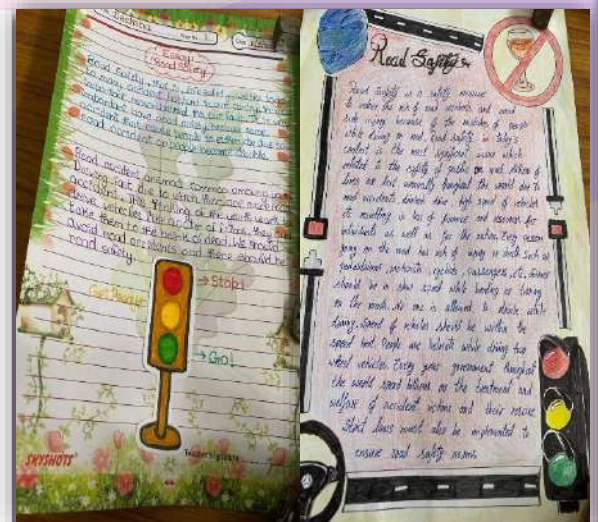
The missionary thoughts and ideas were shared throughout the day. The memories of Baba Ji were refreshed in the hearts of everyone present in the school.

U.N. ROAD SAFETY WEEK

Alert today, Alive tomorrow

The seventh edition of U.N. Global Road Safety week was held from May 15, 2023 to May 21, 2023 by World Health Organisation in collaboration with partners. This week focusses on sustainable transport in particular and the need to shift to Walking, Cycling and using public transport.

In order to promote Road Safety Week our school also organised a few activities Like Essay Writing, Poster Making, taking a selfie with parents while wearing a helmet, etc. The students were happy to understand, learn & spread awareness about the traffic rules.



SANT NIRANKARI PUBLIC SCHOOL AVTAR ENCLAVE





WORLD ENVIRONMENT DAY

The best time to plant a tree was 20 years ago.... The next best time is NOW!!!

World Environment Day is celebrated on June 5 every year to raise awareness and encourage action for the protection of our planet. The United Nations Environment Programme has called for greater efforts to limit waste & transition to a circular economy. The theme for World Environment Day this year focused on solutions to plastic pollution under the campaign.

#BEAT PLASTIC POLLUTION

The ministry of Environment, Forest & Climate change organised a variety of events and activities about 'Mission Lifestyle' for awareness. These included Bicycle rallies, Pond cleaning and e-waste /plastic waste collection, water conservation, minimization of food waste etc.

Our school celebrated this day and the following activities were organised:

1. Plastic clean up campaign
2. Awareness campaign by ECO club
3. Plastic free school board on School Gate
4. Collage and Poster Making

The students and the teachers took pledge to stop using plastic and making the school as well as their home 'Plastic free Zone'.

The day was well spent with huge number of promises and campaigns.

FATHER'S DAY

Any man can be a father, but it takes someone special to be a Dad.

Father's days is celebrated on the third Sunday of June every year to show our respect, love and gratitude to the most wonderful man in our lives whom we call Father. This year, it was celebrated on June 18, 2023. The Junior wing of our school celebrated this day by doing a variety of activities like making greeting cards, playing games (indoor & outdoor) with father, shopping and eating yummy food with father.

All these activities were clicked and the wonderful pictures as well as videos were sent to the respective class teachers.

The students as well as the teachers celebrated and enjoyed this day to the fullest.



YOGA DAY

Yoga is the journey of the self,

To the self, through the self

International Yoga Day is celebrated on 21 June every year. Yoga promotes physical, mental and emotional well being of one and all. This is the reason it is essential for the holistic development of our kids too. Keeping this thought in mind, a Rejuvenating Live Yoga session was organised for the school students and teachers. The senior students did the 'Yoga Posture Showcase' Activity and sent their pictures as well as videos to their respective class teachers. They pledged to take care of their health and do Yoga regularly.



SUMMER CAMP

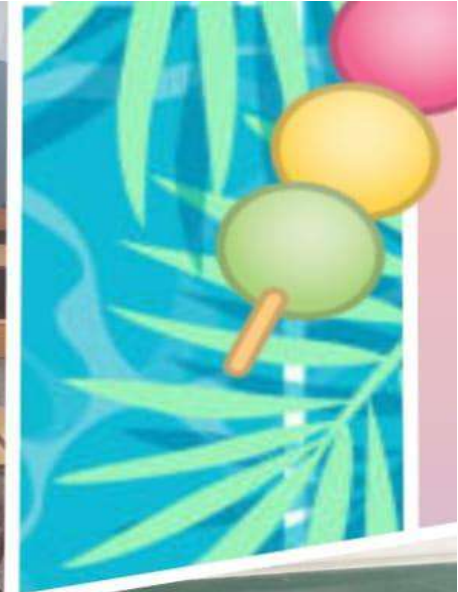
Fun Under The Sun

The summers entered quietly and brought the gift of summer vacation with it. So, to keep the students active and engaged even during vacations a summer camp was organised in our school from May 22, 2023 to June 3, 2023. The following activities were there during these days for the interested students : Dance, Art & Craft, Taekwondo, Personality Development, Instrumental (Guitar/Tabla) and little Master Chef. The students made the most of this opportunity and enjoyed a lot. It was a memorable camp for the students who enrolled as well as the teachers who organised it.



Summer Camp Activities





SUMMER CAMP ACTIVITIES



Alumni Corner



PATH DOWN MEMORY LANE

Sant Nirankari Public School - my first school! It is such a rush, looking back at all the memories I made at the place.

One incident that comes to sharp focus is sitting in one of the teacher's class, and her asking me to explore the world that resides outside what I saw limited in ink. It was then when I participated in my first competition, a recitation, my first metaphorical stage, the event that turned the tables of my life. I can still hear her praising me "You're a born orator, Bhavya."

Because of SNPS, I grew up not only loving studies, but also the extracurricular aspect, and my growth happened all round. They taught me lessons which are still helping me in life, and forever will.

All the teachers I had the privilege of getting taught from, cultivated that curiosity in me, made the school a place that I loved to go.

The school was a rollercoaster for me, filled with both sad and happy moments. Picking one significant memory is hard, as all of it played a huge part in what I am, and where I am right now - Product Manager at Enrich Beauty.

Competitions have been a huge part of my school life, ever since the fifth grade. It was preparing for competitions, visiting, winning and repeat. This school gave me the opportunity to stand out, be my own self rather than follow someone else's ideas. It allowed me to present my opinions, and taught me how to present them.

When my younger sister came into this school too, I felt this sense of responsibility on me, to do the right thing, and for that, I am eternally grateful to my teachers at SNPS, who helped me do that.

As I grew up, I became an opinionated, strong and confident woman, the roots of which were inculcated in me in SNPS.

I used to be this introvert who had her nose buried in a pile of books. It was my teachers who lifted my head and showed me that there was a world outside that I hadn't read about, that I needed to write a story that only I knew about. They taught me how to listen, and how and when to speak, playing a major role in making me a better person above everything else.

All I can say in the end is that I am proud of my roots, I am proud that my journey began in SNPS, but above all I am thankful to God for everything.

#Bhavya Gupta

