

Sant Nirankari Public School

Avtar Enclave Paschim Vihar New Delhi



Inspira



APRIL - JUNE 2022

~ESSENCE~

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INTRODUCTION

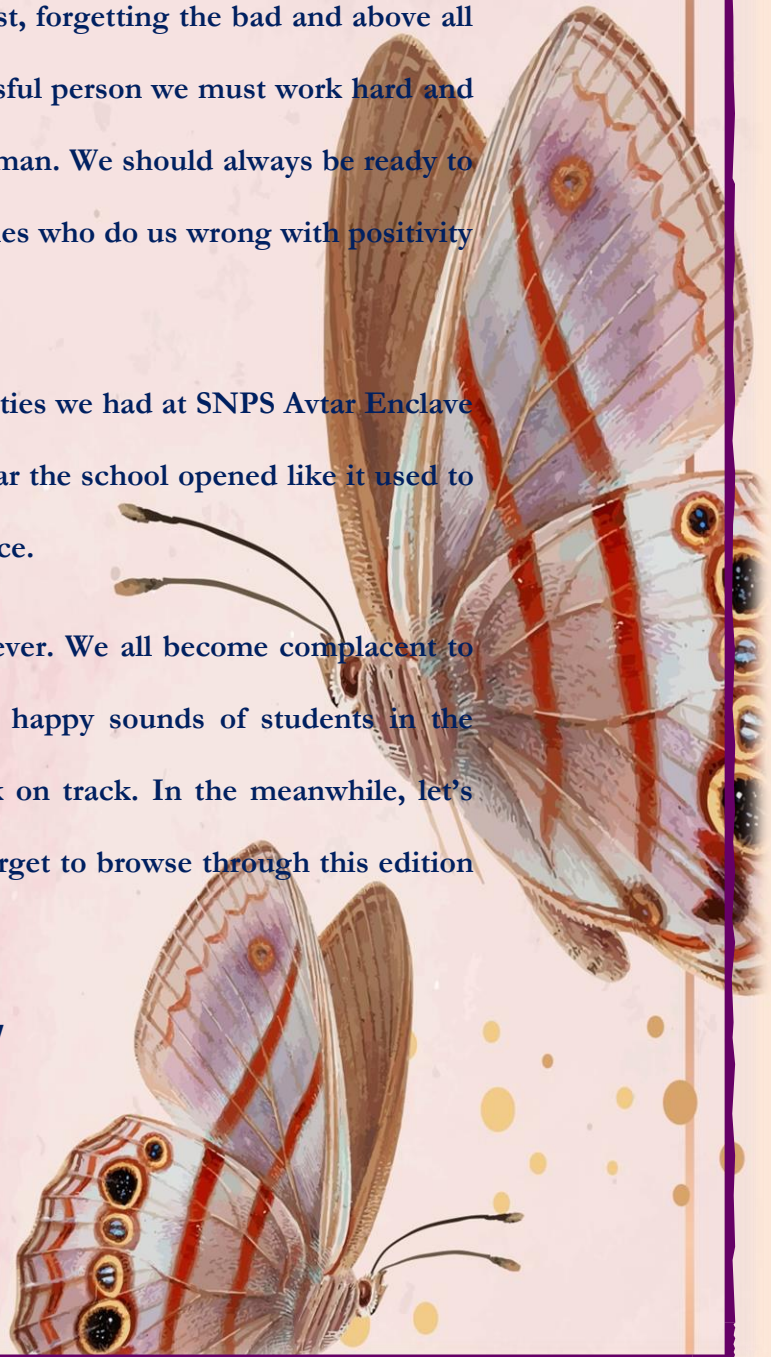
*Always have eyes that see the best,
A heart that forgives the worst,
A mind that forgets the bad,
And a soul that never loses hope.*

There is too much to learn from this verse for everyone. Be selective in your choices it says. The choice of seeing the best, forgiving the worst, forgetting the bad and above all **NEVER LOSING HOPE!!!** If we wish to be a successful person we must work hard and strive to excel but the process must not make us inhuman. We should always be ready to give a hand to the ones who need it and forgive the ones who do us wrong with positivity that 'All is going to be well'.

This edition of Insperia brings you a plethora of activities we had at SNPS Avtar Enclave from April to June 2022. With the blessings of Nirankar the school opened like it used to be during Pre Corona times that too with full attendance.

We pray the world heals and gets back to normal forever. We all become complacent to see the kids playing in the school playground. The happy sounds of students in the corridors shows that life, once again, is getting back on track. In the meanwhile, let's enjoy the rains with your favourite coffee and don't forget to browse through this edition of Insperia!!!

Happy Reading!



NATIONAL DEWORMING CAMPAIGN **(1 APRIL - 9 APRIL' 2022)**

The National Deworming Campaign is an initiative of Ministry of Health and Family Welfare, Government of India to make every child in the country worm free.

Our school also conducted the deworming drive in the campus on 4 April 2022 and deworming drugs were given to the students under teachers' guidance.



WORLD HEALTH DAY (7 APRIL' 2022)

World Health Day is a global health awareness day celebrated every year on 7 April, 2022 under the sponsorship of WHO. In the midst of a pandemic, a polluted planet increasing diseases like cancer, asthma, heart diseases etc. the theme of this year is to keep humans and the planet healthy.



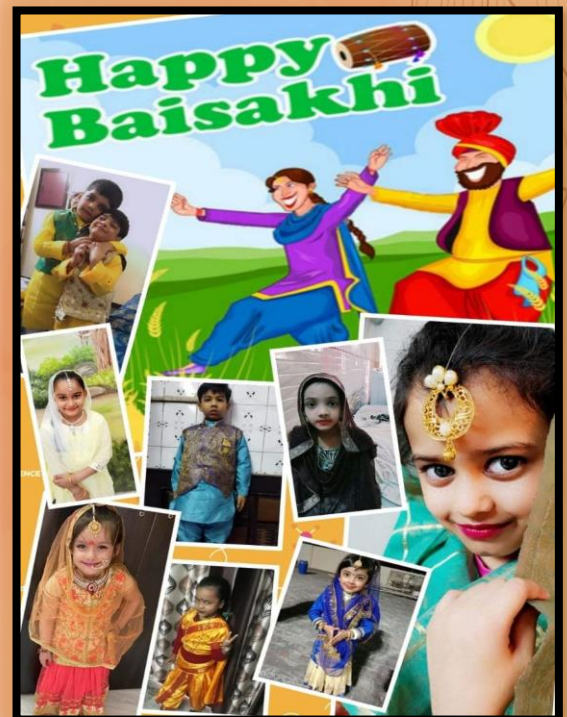
Similarly, our school organised a yoga session for the students to make them aware about the need to create society that focuses on well being of human beings.

BAISAKHI CELEBRATION

14 APRIL' 2022

*Amidst the rich harvest,
Across the lush greenery,
Baisakhi has arrived in all its majesty
To be rejoiced & celebrated in style.*

Baisakhi is the birthday of Khalsa, a reminder to forever stand up, speak up and fight against injustice. We, at SNPS Avtar Enclave, celebrated this festival with pomp and cheer. The tiny tots celebrated this festival by wearing traditional folk dresses and performing dance, singing songs and poems. They clicked their pictures, made videos and sent to us. The dominant colour was yellow to beautify the celebrations!





EARTH DAY (22 APRIL'2022)

*Only when the last tree has died
and the last river been poisoned
and the last fish been caught
will we realise we cannot eat MONEY*

International Mother Earth Day is celebrated every year on 22nd April to spread awareness about issues like Global Warming, Deforestation and increasing Pollution. This year the theme of this day is "Invest in Our Planet..."

The students of our school did the following activities to make this day memorable:-

- (i) Paper Bag making (Class III-V)
- (ii) Model making with clay (Class VI-VIII)
- (iii) Slogan Writing on Save water, Save wild life, Save electricity (Class- IX-X)





BLESSINGS DAY (23 APRIL' 2022)

*"Blessed shall you be when you come in
& blessed shall you be when you go out"*

It's a tradition to give farewell party to the outgoing class and give them blessings for their future ventures. So, 'Blessings Day' was organized for the Class X students. The decoration and arrangements were done by students of Class IX under the guidance of their teachers. The Manager, Ms. Narinder Batra was the Guest of Honour. A few students of the outgoing class shared their views about the school and teachers which was quite impressive. Hon'ble Narinder Batra Ma'am showered her blessings on one and all. Momentos were given to the students as token of remembrance. It was followed by dance and lunch.



peace FRIENDSHIP hope humanity
abundance faith kindness caring
compassion count your LOVE GIVE
SHARING health blessings
NOW guidance family
prosperity GRATITUDE
opportunity community thank you

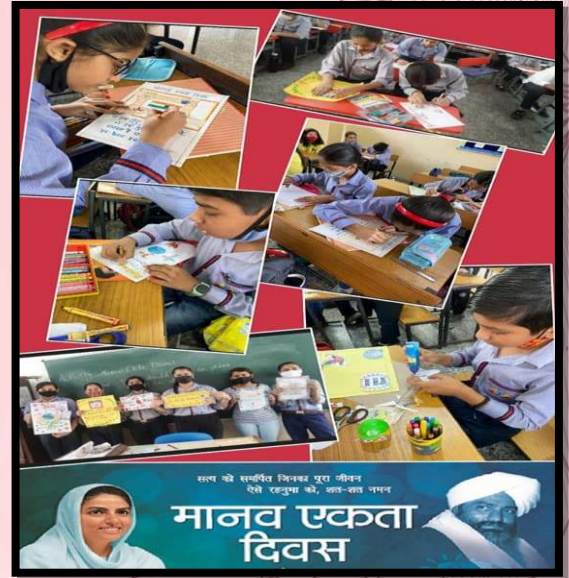
MANAV EKTA DIWAS

(24 APRIL' 2022)

*"Our belief in God
Turns into faith in God
When we realise God"*

Manav Ekta Diwas is observed on 24 April every year. It has been a practice since long to organize Blood Donation Camps at different places on the occasion of Manav Ekta Diwas as a gesture of selfless service to humanity and a humble acknowledgement of the supreme sacrifice of Baba Gurbachan Singh Ji for the noble cause of human welfare.

In our school we organized 'Slogan Writing' activity for students of Class VI-VIII on the theme: 'Blood should flow in veins and not in drains'. The students made such thought provoking slogans to show their devotion that all were left spellbound.



INTERNATIONAL DANCE DAY

(29 APRIL' 2022)

The international dance day is celebrated every year on 29th April. This day raises awareness and importance of dance in our lives. The school organised a dance session of all the classes in which selected students of different classes gave their performances. Their enthusiasm was noticeable. It was enjoyed by the viewers as much as by the participants.



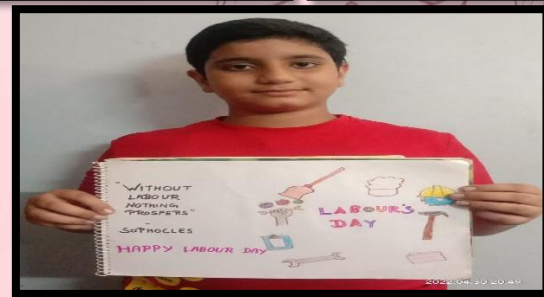
LABOUR DAY **(30 APRIL'2022)**

*"Genius begins great works,
Labour alone finishes them"*

Labour Day or International Workers Day is celebrated on 1st May. This day is a holiday to celebrate the achievements of workers.

This year also we celebrated this day on 30th April, 2022 with different activities to bring forth smiles on the faces of very special members of our school as well as community. They did the following activities:-

- ✓ Made 'Thank You' cards for the helpers (Class III-IV)
- ✓ Played football with Bhaiyas (Class V-VI)
- ✓ Slogan Writing on Labour Day (Class VII-VIII)



MOTHER'S DAY

'Life doesn't come with a manual.

It comes with the mother.'

Mothers and their love don't need a special day to be celebrated. It is a ritual to celebrate Mother's Day on the second Sunday of May. So, the students of the school were super excited to show their love and affection to their mothers on this very day. The junior section students sang songs, made lovely cards with their mothers' photographs on it to make their mothers feel very special. The senior class students created poems, cooked/made something special like mocktail or salads for their moms. The day was well spent by all of them.

SAMARPAN DIWAS

(13 JUNE' 2022)

*Your Devotion to Humanity
your service without a pause,
may we also dedicate ourselves,
to your divine cause.*

Samarpan diwas is a congregation to commemorate the teachings of Baba Hardev Singh Ji Maharaj. To pay a humble tribute to Babaji, our school students took part in a few activities like Speech, Shabad Singing, Collage Making and Slogan Writing. The students remembered the teaching of Babaji with love in their heart and unwavering devotion.



WORLD LAUGHTER DAY (1 MAY' 2022)

World Laughter Day is celebrated on the first Sunday of every May to remind people to laugh and initiate others to laugh as well. Our school students celebrated this day by taking their selfies while smiling and doing funny acts to spread the laughter. Everyone enjoyed it.



SUMMER CAMP

A virtual summer camp was organized by the school from 25 May to 3 June. There were three activities for the students: Dance, Cooking without fire, Art & Craft; which the students tried to learn and enjoy.

This camp aimed at keeping the students engaged & provided them an even platform to explore & express their creativity. They made new dishes/ drinks, learnt different art forms, did lovely craft work and danced to the foot tapping numbers. They pushed their boundaries and made the most of their leisure time during vacation. As it was a virtual camp it gave them an opportunity to learn these skills being at the safe environment of their homes.



WORLD BICYCLE DAY

(3 JUNE' 2022)

The world bicycle day is celebrated on June 3rd every year to recognise the importance of the bicycle across the globe. It is an attempt to recognise the uniqueness, longevity and versatility of the bicycle. It is not just simple and affordable but also an environment friendly means of transport. The Department of Youth affairs, Government of India organised a nationwide celebration of World Bicycle Day on 3 June 2022 as part of Azadi ka Amrit Mahotsav. We, in our school encouraged students, teaching and non-teaching staff to participate in this drive, in their localities as it is during summer break to make this event successful.



WORLD ENVIRONMENT DAY

(5 JUNE'2022)

*"Let's nurture the nature so that
We can have a better future"*

The World Environment Day is observed every year on June 5. It is celebrated across the world to raise an awareness for the environment and describe the importance of Mother Nature.

This year's theme is 'Only me Earth'. The school students did the following activities to spread awareness about environmental issues:-

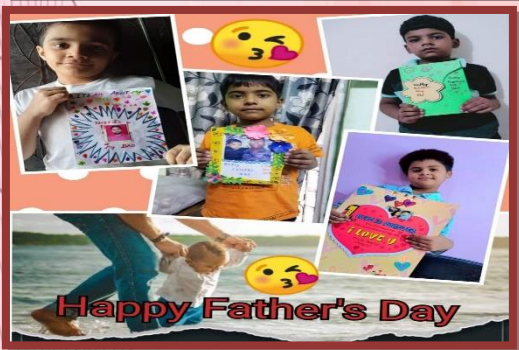
- ✓ Planting Saplings (up to Class III)
- ✓ Recycled craft activity (Class IV & V)
- ✓ Natural Scene (a Paper tearing activity) (Class VI-VIII)
- ✓ Made handprinted posters on T-shirts with a message. (Class IX-X)



FATHER'S DAY (19 JUNE' 2022)

"Dads are the most ordinary man turned by love into heroes, adventurers, story-tellers and singers of song"

The Father's Day is celebrated on the third Sunday of June every year. So, our school students also celebrated it to acknowledge and appreciate the role of fathers who are the first hero of every kid. They were looking forward to make this day a memorable one for their fathers. They made beautiful cards with lovely messages, sang songs for them, took selfies with their fathers, gave them gifts. The day ended with collages showing love and affection of fathers and kids.

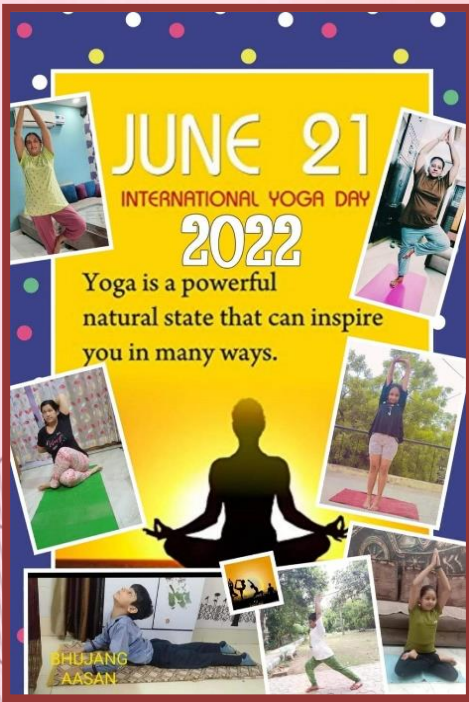


INTERNATIONAL YOGA DAY (21 JUNE' 2022)

"Yoga is the journey of the self, to the self, through the self."

The International Yoga Day is celebrated every year on 21 June since its inception in 2015. Yoga is a physical, mental and spiritual practice originated in India. It is an important instrument for promoting a sustainable lifestyle in harmony with the planet earth. This year's theme of Yoga Day celebration is "YOGA FOR HUMANITY". Since the summer vacation was going on, the students did yoga at their homes and sent their videos and pictures to the Yoga teacher.





WORLD MUSIC DAY (21 JUNE' 2022)

"Where words fail, Music speaks."

The World Music Day is a day to celebrate if you have ears for music, be it of any kind. The musicians whether young or old, new or seasoned professional can enjoy, embrace and celebrate this day with anyone and everyone.

The students of our school who have talent of singing or playing musical instruments like table/ harmonium/ guitar or keyboard celebrated the day with their performance. It was enjoyed by all.



पर्यावरण दिवस

हमारी धरती, जनजीवन को सुरक्षित रखने के लिए पर्यावरण का सुरक्षित रहना बहुत जरूरी है। विश्व के देश आधुनिकता की ओर बढ़ रहे हैं। लेकिन इस राह में दिनों दिन दुनियाभर में ऐसी चीजों का इस्तेमाल बढ़ गया है और इस तरह से लोग जीवन जी रहे हैं, जिससे पर्यावरण खतरे में है। इंसान और पर्यावरण के बीच गहरा संबंध है। प्रकृति के बिना जीवन संभव नहीं। ऐसे में इंसानों द्वारा लगातार वातावरण दूषित हो रहा है। जिससे हमारा जनजीवन प्रभावित हो रहा है। सुखी स्वस्थ जीवन के लिए पर्यावरण का संरक्षण जरूरी है। इस दिन लोगों को पर्यावरण के लिए सचेत किया जाता है और पर्यावरण को सुरक्षित रखने के लिए प्रोत्साहित किया जाता है।

पेड़ लगाओ बहुत सारे

ये भी तो हैं बच्चों जैसे

वो बड़े होकर तुमको संभाल लेते हैं और ये ऑक्सीजन भी कमाल देते हैं

जैसे तुम्हें मिली वैसे आगे भी पहुंचाओ

ये ना रहे तो हम ना रहेंगे

समझ जाओ

करो वादा - यही कि सब कुछ निभाओगे

जो यहाँ पढ़ा वो जाकर सबको समझाओगे।



WORKSHOP (CAREER COUNSELLING) 23 APRIL, 2022

A career counselling program was held in the school auditorium on 23 April, 2022 for students of classes IX & X to assist them in the choice of subjects to be taken in class XI. The workshop was conducted by Mr. Satinder Singh, an eminent guidance counsellor. Firstly, the counsellor introduced students to various courses of Science, Commerce, Arts as the basics and then he explained them about various opportunities in the outer world. The students were encouraged to choose the field they are interested in rather than allowing somebody else to govern it. He highlighted the importance of introspecting oneself and analyzing one's strengths while looking out for the area of interest in any field. Students of Class IX were informed about the importance of their current class and how it plays a crucial role in clarity while choosing the stream of their choice.

All the factors affecting the choice of the students were addressed and the myths regarding the choices were removed to a large extent.

The workshop ended by students asking their queries regarding the choice of subjects and career after class XII.

Overall, it was very informative and share worthy experience.



OUR ACHIEVER

Unnati of Class VI bagged a laptop in a Writing Competition 'Win A Laptop Challenge' organised by Byjus. She shared her lovely relation with her favourite teacher and how the teacher helped them in getting knowledge during virtual classes amidst difficult COVID times, in her write up. Her work was appreciated by one and all.

We wish her success in her future endeavours!!



ALUMNI CORNER

SNPS! Remembering the school

Everything got rewound in the memory lane. I have always wished to get those days back in this school...but no—it never happened!

When I came to Delhi and joined...in 6th grade before the exams. I could never ask for any more support than what I got from all the subject teachers. Just opposite of what I got in the previous one! Be it, classmates, caretakers of the school, faculties, bus drivers, conductors or the seniors, as well as juniors, couldn't make much of a difference, in short, I was around actually good people. Sounds impossible and bragging but yeah I did get all these things.

I have a bag full of memories and moments with each of the people there.

My class indeed the "Unforgettable One" was known as the naughtiest but we know how we used to be with each other. I cherish it..

You can't help but will end up having a strong bond with these people and the school. I wish I could actually just write here all the stories and memories I have in mind!

Still holding onto the relationships I made there! They are just priceless! Though a few things I can flex about are - Got a 11year of friendship with someone started since my first day there, Amisha and I were known as " the best friends", we still are and selected dancers in every competition and events related to school. One of my favourite part from this school Got a teacher who is as close as my mother and the most caring Principal I could ever ask for Meenakshi Ma'am.

She still welcomes us with her big warm heart and hugs me saying "keep showing up, we miss you guys"

I miss that environment a lot, not being passive here but I've never got this much loving atmosphere elsewhere.

I passed out in 2016, after that pursued arts in higher secondary from Sanatan Dharam Sarasvati Bal Mandir, Punjabi Bagh, got a scholarship in painting, shifted to Kolkata and got admission in Amity University.



ANUSHKA CHATTERJEE



Currently, I'm a BFA student (Bachelor of Fine Arts).

Indeed, loads of changes lead to where I'm standing right now but I'm proud of the journey and still moving on. The stream I'm pursuing in BFA is painting, so I participated in exhibitions, would like to mention few here –

- ❖ My works were selected in an International exhibition – in Istanbul “ Aydin University” in 2021 (3 painting – 2 portraits ,1 abstract composition)
- ❖ Secured 2nd position Russian Exhibition in portrait category representing India in 2021.
- ❖ 2 works were selected in Delhi's Exhibition named Oblivion at Merakii house in 2021.
- ❖ Stood 1st in portrait composition on an online competition in 2022.
- ❖ Secured 1st position in portrait and 3rd position in composition category in the Russian Exhibition 2022 representing India.
- ❖ Got a collaborative commission work for a new café opened in Kolkata of wall painting art project. It was my first time with wall painting and went very well.



Full of ups and downs but amazing experiences as well. Always been an explorer be it any style, technique or medium. Presently I'm in learning stage, opting different courses and projects, receiving commission works from people.

Recently got an internship in Gurugram, hoping to be great!

I still share all my achievements and failures to the teacher I follow and respect the most.

Honestly, she never failed to push and encourage me in every possible way in my worst days as well.

Receiving a totally different environment in other schools was difficult at first but then you need to move forward either way. I realized later how much support and strength I used to get from this school be it knowledge, emotionally or physically. I still adore all of it.

It's true that company does matter but not entirely it's also you who choose to stay and follow a certain kind, be it a bad or a good company, depends on us, who and how you wish to be like.

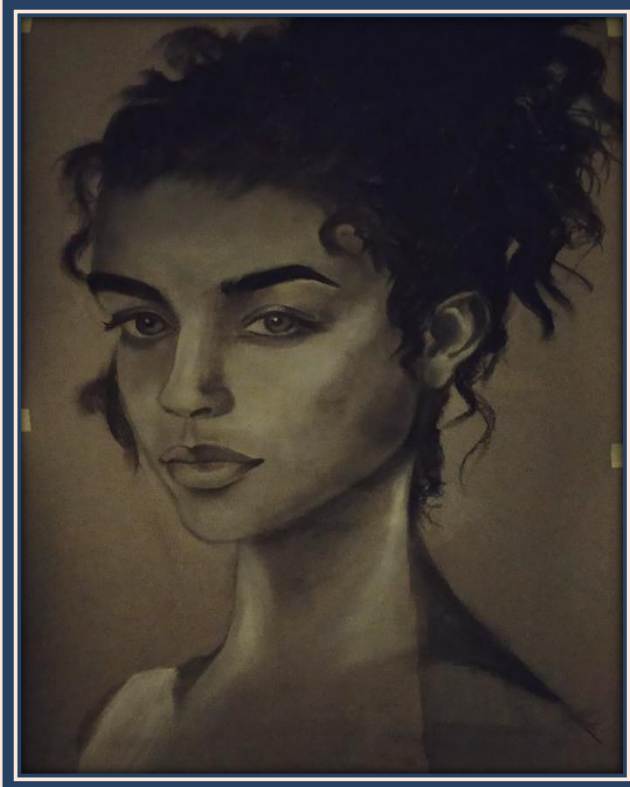
Showing few of my works here –



ANUSHKA CHATTERJEE
MEDIUM - ACRYLICS
YEAR -2021



ANUSHKA CHATTERJEE
MEDIUM - CHARCOL STUDY



ANUSHKA CHATTERJEE
MEDIUM - SOFT PASTEL
AND CHARCOAL
WORK TITLE - TRANQUIL



ANUSHKA CHATTERJEE
MEDIUM - WATERCOLOUR
WORK TITLE - MIND
PUZZLE (ABSTRACT ART)



**ANUSHKA CHATTERJEE
MEDIUM - ACRYLICS**



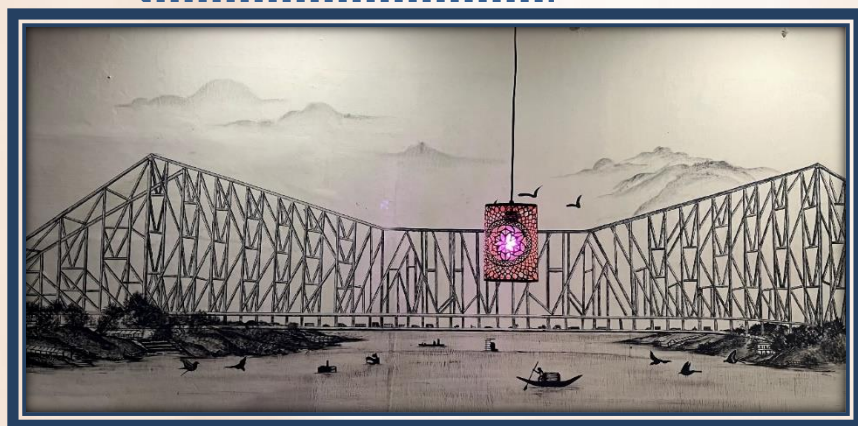
**ANUSHKA CHATTERJEE
MEDIUM - OIL ON CANVAS**



**ANUSHKA CHATTERJEE
COMMISSION WORK FOR
WALL PAINTING**



**ANUSHKA CHATTERJEE
MEDIUM - SOFT PASTEL
ON PAPER
COMMISSION WORK**



**ANUSHKA CHATTERJEE
COMMISSION WORK FOR
WALL PAINTING**

ART GALORE



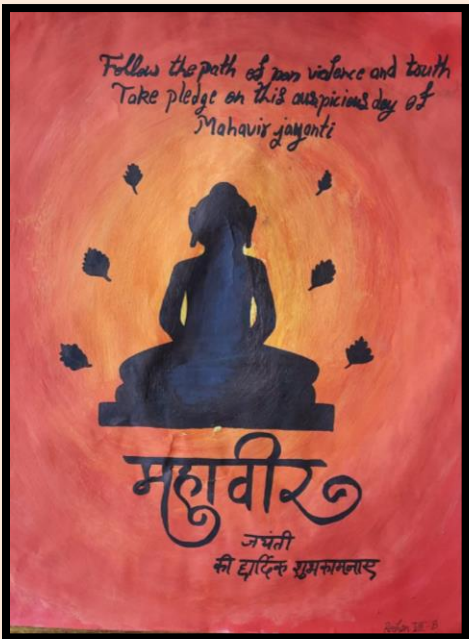
Shubham Class VI



Vanshika Class IV



Aditi Class IX



Rehan Class IX



Aadya Class VI



Tanushka Class IX



Srishti Class VII



Harsh Class VII

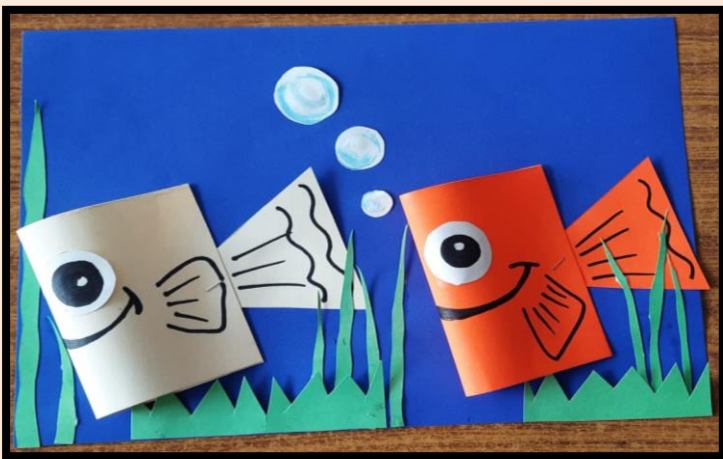
ART GALORE



Unnati Class VI



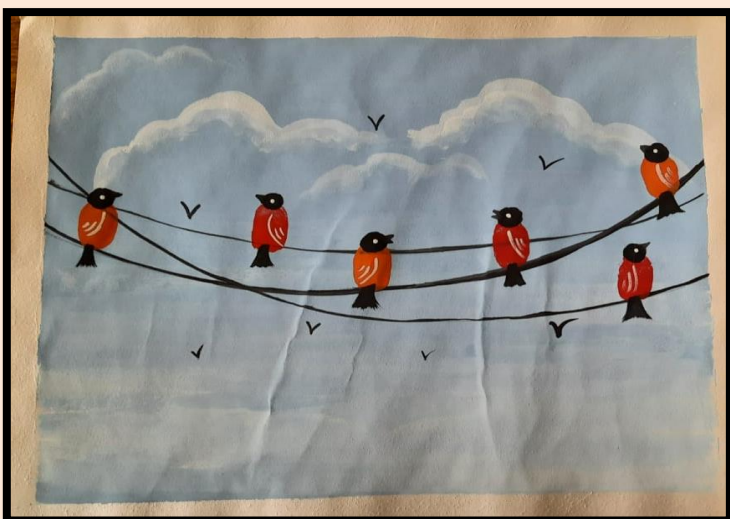
Dishank Class IV



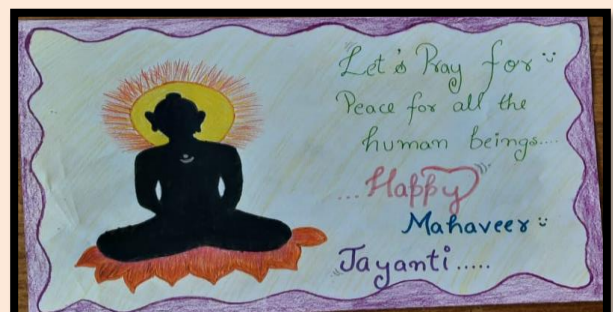
Prabjit Class III



Rehan Class IX



Vanshika Class IV



Latika Class V