



Inspira



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INDEX

- ✧ Introduction
- ✧ National Youth Day
- ✧ Yes to Life, No to Drugs
- ✧ Republic Day
- ✧ National Voters' Day
- ✧ Basant Panchami
- ✧ Achievements & Prize
Distribution (Zonal)
- ✧ Guru Puja Diwas
- ✧ Saksham National
Competition
- ✧ इक्कीसवीं सदी की नारी
- ✧ The Man who Knew Infinity
- ✧ Deworming : for a better
growth in kids
- ✧ Art Galore

INTRODUCTION

*Be a sunflower today!!!
Follow the joy wherever it leads you.
Take in all the beauty that life has to offer.
Display your bold vibrant colors for all to see.
Turn your face to the light, little sunflower,
And shy not away from the sun!*

SUNFLOWERS..... The mirrors of glory and indeed the most delicate and beautiful teachers who teach us really an important lesson of our life, that is to look at the bright side of life and if one of us is going through a rough patch or a dark phase of life then we should be ready to help everyone whom we can because this fact must always be remembered that the same sunflowers which look so bright and radiant in sunlight and take energy from the sun are the ones which become the source of energy and radiance to their friends on the cloudy and duller days.

We, at SNPS, pray to Nirankar to bless all our students to be cheerful, successful, loving and kind.

The year 2022 has brought with it good luck, new hopes and promises with it. We are hopeful that the world will heal itself from the injuries, diseases and wars it has been facing in the recent past. With this hope, we bring you this edition of Insperia along with sunshine and of course..... **LOVELY SUNFLOWERS!**

NATIONAL YOUTH DAY (12 JANUARY 2022)

Arise! Awake! And stop not until the goal is reached.

- Swami Vivekananda

The Birth anniversary of Swami Vivekananda was celebrated as National Youth Day on 12 January 2022. A special assembly was organised on this day where students gave speeches, sang poems and songs. The thoughts of Swami Vivekananda were shared by the teachers and students were motivated to follow them.



YES' TO LIFE, 'NO' TO DRUGS (13 JANUARY 2022)

Life does not rewind, say 'No' to drugs.

An online pledge taking activity was done on 13 January 2022. It was organised by 'Narcotic Control Bureau' to sensitize students about the ill effects of taking drugs.



जिन्दगी को हाँ और नशे को ना कहें
शपथ

Say Yes to Life, No to Drugs Pledge

We realize that drug abuse is increasing in our country, especially among the youth and this is a matter of concern. We pledge that we will cooperate in stopping the drug abuse. We promise that we will not consume any harmful or illegal drugs in any way for any purpose.

We will create awareness about the ill effects of drug abuse by encouraging every person, especially the youth so that the youth of India can live drug free and they can become creative and important members of the society.

Today we pledge that we will stay away from drugs and live a healthy life.

REPUBLIC DAY (22 JANUARY 2022)

*Never let us forget
never let us be shy,
Let's make the flag
of the nation fly very high*

The 73rd Republic Day was celebrated in the school as well as virtually on 22.01.22. The students of junior classes dressed up as freedom fighters, sang patriotic songs and recited poems depicting India's diverse culture. The middle section made rangoli and did craftwork in the tricolour. The senior class students cooked tasty tricoloured dishes which were their region's speciality. At the same time a few of the teachers along with the Vice Principal, Ms. Meenakshi Chugh were present in the school and unfurled the National Flag and sang the National Anthem.



NATIONAL VOTERS' DAY (25 JANUARY 2022)

The ballot is stronger than the bullet

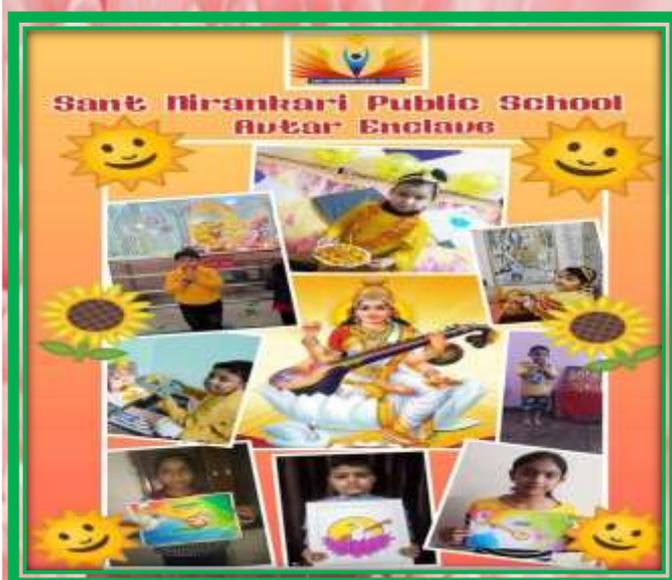
With a progressive idea to encourage more young voters to take part in the political process our Govt. decided to celebrate 25 January as National Voters' Day. So, in order to make our kids the well aware citizens of the country and to celebrate the power of fair, inclusive and participative elections. There was a pledge taking activity for the students to pledge to uphold the democratic traditions of our country.

BASANT PANCHAMI (5 JANUARY 2022)

The ocean of knowledge: Goddess Saraswati

Basant Panchami marks the beginning of spring season and falls on the fifth day of the month of Magha. This festival is dedicated to Goddess Saraswati who is worshipped by all the students.

We also celebrated this festival on 5th Feb 2022 like every year. The students did puja & worshipped the goddess at home. They sang Saraswati Vandana, wore yellow coloured dresses and ate yellow rice. The lovely videos sent by the students brightened up the day.



Trisha Singha Class VIII



ACHIEVEMENTS & PRIZE DISTRIBUTION (ZONAL)

The school bagged II Position in Zonal Folk Dance Competition held on 10 Feb 2022.

Zonal Prize Distribution Ceremony was held on 16 March in which all winners of Zone - 17 were invited and honoured for their efforts and hard work. Our school

students came home with lot of medals, shields and certificates. Such ceremonies are the motivating factors which always keep us on our toes to excel.



GURU PUJA DIWAS 23 FEBRUARY 2022

'Faith is trusting God even when you don't understand his plan.'



Guru Puja Diwas is celebrated every year on 23 Feb. to mark the birthday of His Holiness Baba Hardev Singh Ji. This year also we, at SNPS celebrated the day on 22nd February by organizing a 'Cleanliness Drive' in school as well in the locality. A 'Tree Plantation' programme was also organised. The Manager, Ms. Narinder Batra; Vice





Principal,

Ms. Meenakshi Chugh and honourable guests planted saplings along with the students. A 'Donation Camp' was also organized where the students distributed

eatables and other utility items to the needy. The younger students celebrated this day virtually by making beautiful collages, birthday cards and singing shabads of Hardev Vani. The day was made once again a memorable one by the efforts of one and all.



ACT OF KINDNESS

"The value of life is not in its duration. But in its donation. You are not important because of how long you live, you are important because of how effective you live"

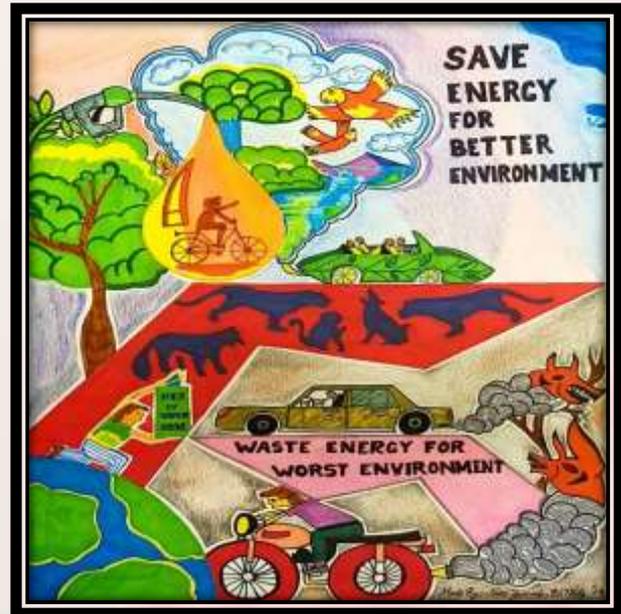
"At the end of the day it's not about what you have or even what you've accomplished... it's about who you've lifted up, who you've made better. To instill a feeling of kindness, the student were taken to the near by orphange (Hope Aasharan in Multan Nagar) to donate food items.



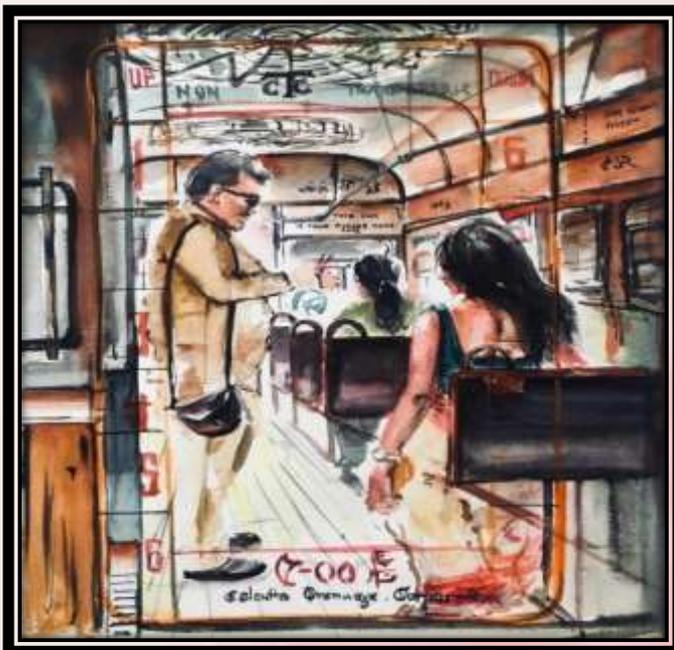
SAKSHAM NATIONAL COMPETITION

An Essay writing Competition was organised by Petroleum Conservation Research Association (PCRA), Ministry of Petroleum and Natural Gas, Govt. of India under 'Saksham National Competition' 2021-22 in online mode from 1 March, 2022 to 10 March, 2022. The students participated in the competition with enthusiasm and did very well.

Selected entries for poster making activity are as follow:



Khushi Bhagel Class X



Trisha Singha Class VIII



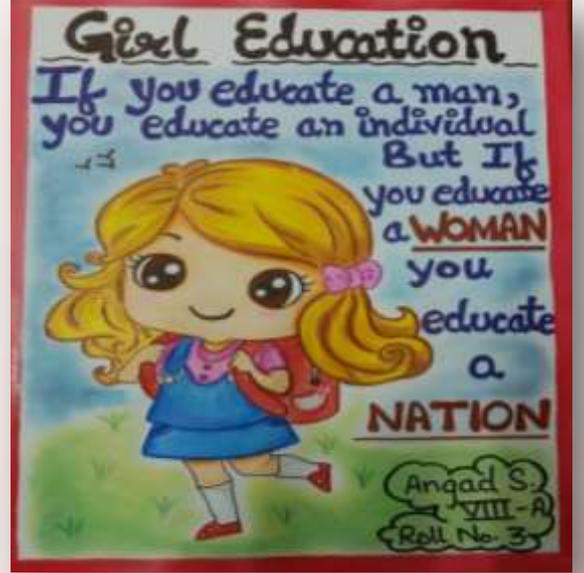
Shubham Nayak Class VI



Prabhjit Class IV



Latika Class IV



इक्कीसवीं सदी की नारी

तुम हो इक्कीसवीं सदी की नारी,
 तुमसे विपदाएं हैं हारी ।
 जीवन की हर डगर पर ,
 हर कार्य-क्षेत्र में ,
 पुरुष से श्रेष्ठ सिद्ध हो रही ।
 इस धरा पर ही नहीं ,
 ऊंची बर्फीली चोटियों पर,
 अंतरिक्ष में भी ,
 अपना परचम लहरा रही ।
 शिक्षा, खेल या हो प्रशासन,
 तुम अपनी धाक जमा रही ।
 सेना के कमांडो पद पर,
 काबिज़ हो,
 लड़ाकू विमान तक उड़ा रही ।
 तुम ही हो जो देश को नई,
 दिशा की ओर ले जा रही ।
 तुम हो युग निर्मात्री !!
 बदल सकती हो हवाओं का रुख..
 ' असंभव ' शब्द नहीं,
 तुम्हारे शब्दकोश में
 तुम छू सकती हो
 आकाश की बुलंदियां ।
 तुम्हे करते हैं हम
 शत - शत नमन !!!



--- Lata Mishra ---
 Class X



THE MAN WHO KNEW INFINITY



This is the story of a mathematical prodigy and his proclivity towards the subject despite having a life of poverty and neglect. His amazing ability to understand messages and meaning lying in numbers and his genius and extraordinary brilliance in number theory and pattern of the number brought the focus of the entire world towards India.

The effect that words have on a poet and emotions on a lyricist, was the same that the Principles of Mathematics had on S. Ramanujan.

According to him-

“Mathematics is not about numbers, equations, computation or algorithms: it is about understanding.”

Let's begin the life story of this legendary being. S. Ramanujan was a largely self-taught pure Mathematician hindered by poverty and ill-health. His highly original work has considerably enriched number theory. December 22nd is celebrated as National Mathematics Day as he was born on that day in 1887.

We can't control everything that happens to us. But we can control how we respond to things that we can't control.

He is recognized as one of the greatest Mathematicians of his time. However, S. Ramanujan had no formal training in Maths. He used to always write on a slate with chalk and when one of his friends asked him to write on paper.

He replied-



“When food is the problem, how can I find money for paper? I may require four reams of paper every month.”

He was the second Indian to be inducted as a fellow of the royal society, which is a fellowship of some of the world’s most eminent scientist. For him education was not just a preparation of life, education is life itself.

It is said that the numbers 1-10,000 were his best “personal friends”. He could effortlessly tell their factors, divisors, how the number can be split & each part of the number can be squared/cubed etc. to produce interesting numbers, and much more. One time, G.H. Hardy (professor of Mathematics at Cambridge University) was paying a visit to Ramanujan, who was ill and undergoing treatment.

Hardy mentioned to him that he rode a taxi cab, whose number was 1729. Hardy said to Ramanujan, “the number seems to me rather a dull one”. Ramanujan on this comment replied, “No Sir, this is the smallest number expressible as the sum of two cubes in two different ways-
 $1729 = 1^3 + 12^3 = 9^3 + 10^3$ ”

Later, 1729 came to be known as RAMANUJAN NUMBER.

He discovered many other interesting facts. viz a solution of infinite root equations and the sum of positive numbers is a negative number-

$$1+ 2+ 3+ 4+ 5+...= -1/12$$

It was his insight into algebraic formulae, the transformation of infinite series and so forth, that was amazing. In his short lifetime, he prepared almost 4000 proofs, identities, conjectures and equations in pure Mathematics. His theta function lies at the heart of string theory in physics. He used to say-

“An equation for me has no meaning unless it represents a thought of GOD”

One more interesting thing about Ramanujan is that he discovered so much, and yet he left so much in his garden for other people to discover.

“Success is not just a measure of how big you can dream. It is also a measure of how much you can do”

-BY MATHS DEPARTMENT

Deworming: For a better growth in kids

Children are the future of the world and also tender in their thoughts, knowledge as well as their health. To ensure a healthier environment and a better life for a child is every parent's wish. However, a number of factors come into play when a child's health is concerned and can sometime be a complex task. One problem that many children face while growing up is the presence of worms in the stomach or intestine mostly due to unclean environment which takes a serious toll on the child's health and growth. To get rid of these worms, the child has to undergo deworming which is the process involving the use of medication to remove an infestation of worms in the intestine.



Some of the symptoms that a child is likely to show if he is affected by these worms are:

- Complains of a sore tummy
- Bouts of hunger strike or loss of appetite
- Loss in weight
- Being hungry all the time
- Vomiting and nausea
- Anemia
- Diarrhea

How does the treatment works?

A deworming tablet like albendazole is given twice a year to the child to kill the parasitic worms.

Following this the children expel worms via stools once the child is free of parasitic worms, his/her body becomes capable to absorb Vitamin A and other needed nutrients.



With an objective to deworm Pre School and School- age children through the platform of schools in order to improve their overall health, nutritional status, access to education and quality of life the Govt. has started National Deworming Day.

-BY SCIENCE DEPARTMENT

ALUMINI CORNER

I am definitely proud to be an SNPS student. This school has taught me lessons that go beyond books and syllabus. All my teachers have been a strong support system in building my core personality, skills and abilities as a person and professional. I've built my foundation and have strengthened my basics from SNPS. It's nurturing environment for the pursuit of knowledge and above the board stipulated syllabus made my school days enriching yet enjoyable. SNPS has always focused on all-round development of students. It enabled us to foster inside the classroom and outside of it too. I feel nostalgic as well proud to be a pass out of this school. The efforts taken by the teachers to help students are commendable. I'm elated to hear about the progress school is constantly doing. Today I'm an aspiring business woman, and this was only possible by the courage, love and strength I got from SNPS. In the end, this is just an ode to my school and words aren't enough to describe how much SNPS means to me!!

Thank you SNPS for everything!

--Santushti chudasama--
Batch : 2019 – forever

When we come to a place for years it is obvious that it is going to be our second home. What difficult is that we have to let go of it. In 2008, when I first came to this place which we know as school I was crying and weeping my heart out. I didn't want to leave my home, my parents and moreover the comfort of being at home little did I know this place became my second home the teachers were not less than parents and my friends were as close to me as my siblings. It was the first ever place where I met new people, made friends with them and learned a lot. All in all this place was, is and is always going to be a wonder for me. Sometimes I think what makes this school so great. If it is the teachers, the management, the infrastructure, the exposure or what? The answer is all of it. All of these things together made my school life so special. The school provided me the best experiences of school life. Here we laughed, cried and even rebelled at times, had the first ever reward, prize, punishment, friendship, challenges and all of these things made a really strong base and prepared me to face the world. Even writing about the school is giving me goosebumps and making me feel like being on a roller coaster of emotions where I am getting hit by waves of nostalgia, happiness, proud and the sad fact that I am no more in this school. I wish I could come back and attend this school once again. ---By Divyansh

Art Galore



SALONI CLASS X



MISHKA CLASS X



MANSI CLASS VIII



UNNATI CLASS V



SAKSHI CLASS X



VIRAJ KHICHI CLASS VIII



HARSH CLASS VII



RITESH BHALLA CLASS II

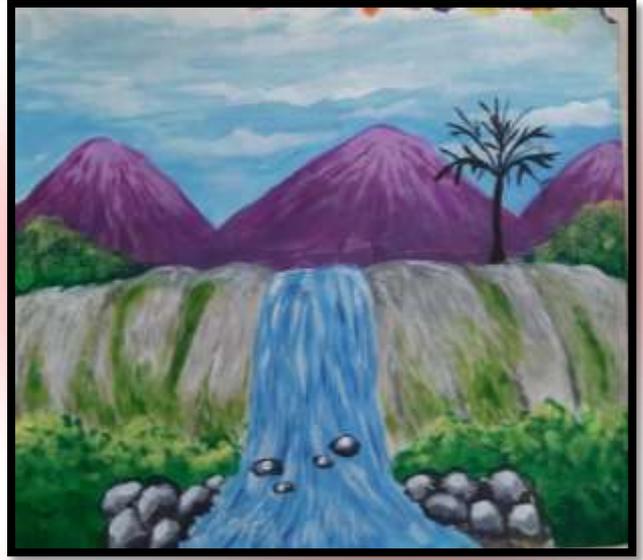


TRISHA SINGHA CLASS VIII

Art Galore



ZENIA CLASS V



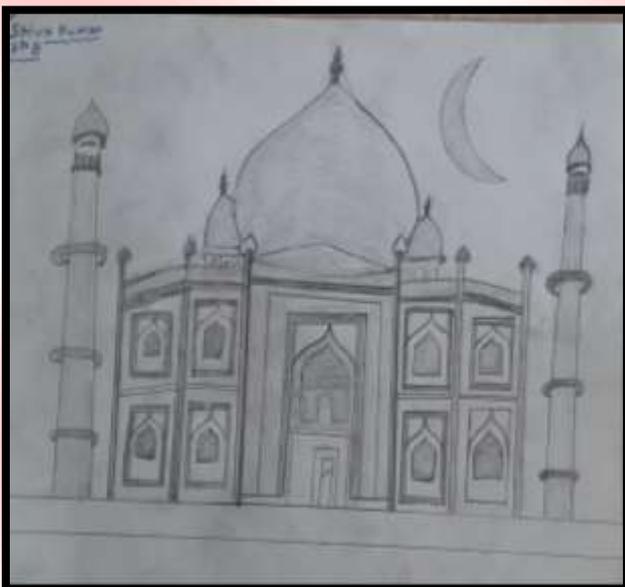
GEETANSHU CLASS VI



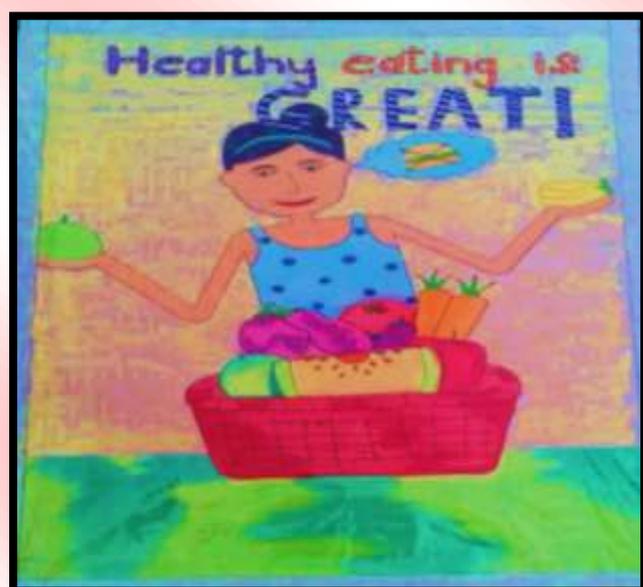
ADITI CLASS VIII



HARSH CLASS VII



SHIVA CLASS VII



JIANA CLASS V